

## Where to get help with paperwork

#### Forum Réfugiés (SPADA) - FOR ASYLUM SEEKERS

48 Route de Canta Galet - MON to FRI on appointment, from 9AM to 5PM

Tel: 04.97.25.46.30 - Hotline MON to THU from

9AM to 11AM

First support, asylum procedure, mail

#### La Cimade

23 Rue Paganini - Tuesday from 2PM to 5PM, on appointment

Tél: 07.57.47.91.33

e: niceelacimade.fr

Judicial advice for foreigners.

#### Habitat & Citoyenneté

28 Rue Dabray - Tuesday & Thursday from 10:30AM to 6PM, Wednesday & Friday from 9AM to 5:30PM

Tél: 09.53.14.66.86

Assistance with administrative paperwork and more

#### Amnesty International

36 Rue Gioffredo - Wednesday from 2:30PM to

5PM on appointment

Tél: 06.41.12.56.13

Assistance and support during the asylum procedure.



## How to find your way





Scan Me

#### Interactive map of Nice

Designed for people in irregular situations, showing points of interest





## Free and available 24/7 www.115-06.org

Phone the 115 for any social emergency. Immediate intervention where you are (food supply, blankets, psychological help....) Call many times if no one



Shelter





Food

Hygiene



Healthcare





Paperwork

Information



## SPADA 06

Asylum seekers welcoming structure (Structure Premier Accueil)

the SPADA is the first place you must visit to ask for asylum in France. It is the starting point of the procedure.

#### **Bus Schedules**



### Going to the SPADA

48 Route de Canta Galet 06200 Nice

By Bus line 62, stop Uletta

#### **Schedules Phone Hotline**

Monday, Tuesday, Wednesday, Thursday, from 9AM to 11AM 04.97.25.46.30 spada06eforumrefugies.org

#### For Asylum seekers

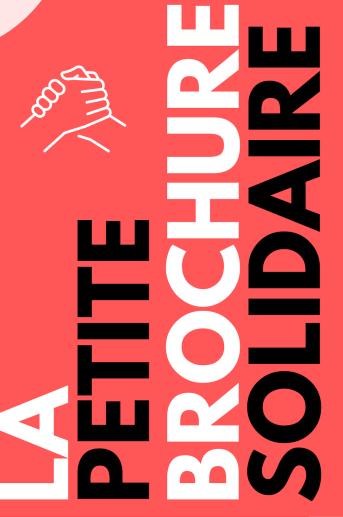
Monday to Friday from 9AM to 11AM

#### **Appointments**

from 9AM to 5PM



# **NICE**





## Where to find healthcare

#### Permanence d'Accès aux Soins de Santé (PASS)

#### 30 Avenue Voie Romaine - 24/7

Pasteur hospital & emergency services
Adults without social coverage, Monday to Friday
from 9AM to 5PM

Tél: 04.92.03.77.77

#### Médecins du Monde (CASO)

**162 Rue de France** – Monday to Friday from

9AM to 5PM

Tél: 04.93.16.59.60

Support towards access to healthcare, medical checkups .

### Secours Populaire 👚 🗶 📝

**39 Rue Vernier** – Tuesday, Wednesday from 9AM to

1PM

Tél: 04.93.88.63.78

Psychological support, free & anonymous interviews.

#### French Red Cross

2 Ruelle Saint François - Monday &

Thursday from 2PM to 4PM

04.93.62.86.67

Medical checkups without appointment.



#### **Public showers**

Ruelle de la Halle-Aux-Herbes - Monday to Saturday, from 7AM to 9AM for men and from 10AM to 11AM for women 0,30€ (towel, sponge, soap)



## Where to eat

#### Petit déj solidaire

#### 17 Rue El Nouzah

Everyday, from 7:30AM to 9:30AM Breakfast + hot beverages.

### French Red Cross T

12 Ruelle Saint-François - Tuesday & Friday from9:30AM to 11:30AMBreakfast + hot beverages.

#### Fourneau économique 👚

#### 2 Rue Badat

Monday, Tuesday, Thursday, Saturday from 11:45AM to 12:45PM, hot meals at 1€ Tél: 04.93.92.60.44

#### Restaurant Armée du Salut

1 Rue Guigonis – lunches, Monday to Friday from 11AM to 12:30PM

Hot meals at 1€. Food giveaways at night

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## Street giveaways

### Food Giveaways 🗶

- Nice Ville railway station Tuesday & Thursday from 8PM to 10PM
- 46 Boulevard Raimbaldi Saturday & Sunday from 8PM to 10PM (next to the train bridge)
- 34 Avenue Malaussena Monday to Saturday from 8PM to 9PM (next to the Thiole parc)
- 14 Avenue du XVème Corps Everyday from 7PM to 8PM
- 10 Rue Fodéré Monday, Wednesday, Friday from 7PM to 8PM

#### Clothes Giveaways 👚

- 2 Ruelle Saint-François (Red Cross) Thursday from 9AM to 11AM.
- 2 Rue Badat (Fourneau Economique) giveaways twice a week (if available)
- 52 Rue de la Buffa (Armoires de Jorge) –
  Tuesday & Thursday (10AM–4PM) / Wednesday
   & Friday (10AM–1PM)

## Where to rest/sleep

#### Secours Catholique' Daycare Center

**23 Rue Paganini** – Monday, Tuesday, Thursday, Friday from 8AM to 10h30AM

Tél: 04.93.87.06.90



#### Social Daycare Center (CCAS)

**14 Avenue du XVème corps** - Monday to Friday from 9AM to 4PM (except on public holidays)

Tél: 04.93.62.80.91



#### **Emergency Sheltering Center (CCAS)**

**33-35 Rue Trachel** -7/7j

From 5PM, on proof of identity

Tel for Men: 04.89.98.20.14

Tel for Women: 04.97.13.53.44.

Free the first week, then 2,50€ per night.



#### Night's Halt Fondation de Nice

**3 et 8 Rue Balatchano** – 7/7i

Women starting at 5PM / Men starting at 7PM. from September until the end of June.

Tél: 04.93.91.90.08

